

The Impact of Emotional Intelligence on Job Satisfaction

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Abstract

This exploration looks at the part of emotional intelligence has on job satisfaction that workers have towards their jobs. Job satisfaction relates to one's station towards aspects of his/ her work. The study indicates that there's associated strong positive correlation between emotional intelligence and job satisfaction. That is, workers with a high position of emotional intelligence are more satisfied with their jobs. The study is that emotional intelligence is among the attributes that help in enhancing job satisfaction.

Keywords

Emotional Intelligence, Job Satisfaction, Employee Well-being, Organizational Performance

Intoduction:

The development of emotional intelligence (both EI training in particular, as well as general EI) has an adding significance in relations to the functioning of the hand and the association as a whole. It underscores the significance of managing feelings in oneself and others so that they grease more productive study and action (Goleman, 1995). In resemblant to these generalities, job satisfaction is an important sphere of focus hand and establishment as an association. Job satisfaction means, in substance, is the enjoyable feeling that accompanies evaluation of one's work and accomplishments (Locke, 1976). This study aims to dissect how emotional intelligence affects the position of job satisfaction of workers.

Description and Explanation

“ Emotional intelligence rudiments of tone- mindfulness, tone- regulation, provocation, empathy, and social chops “(Goleman, 1995). “ tone- mindfulness is defined as the skill of perceiving feelings and their goods for one's tone “. Another important part with regard to emotional intelligence is tone- regulation which is considered as the capability to manage one's feelings. Provocation stands for using feelings in the creation of means and attainment of objects.

Emotional intelligence in plant

- 1. Relationship structure :**It has a profound reflective value in the plant and helps make positive, effective connections while enabling appreciation of associates' capabilities at work.
- 2. Achievement Helps :** Individualities achieve their or organizational pretensions, working in confluence with their chops, perfecting overall productivity and effectiveness of their work.
- 3. Cerebral health:** Affects internal health and contributes to overall well-being.

Impact of Emotional intelligence(EI) on job satisfaction It has a significant impact on job satisfaction.

1. To ameliorate relations with associates and elders Emotional intelligence(EI) enables people to comprehend and control both their own and other people's feelings.
2. Bettered stress operation workers are more likely to feel satisfied with their jobs

3. Increased adaptability and rigidity Emotional intelligence(EI) enables people to overcome obstacles and acclimate to change. Because they're better suitable to handle the liabilities and difficulties of their places, workers who retain these traits report advanced situations of job satisfaction.
4. Bettered tone- mindfulness and tone- regulation Emotional intelligence(EI) helps people come more tone- apprehensive, which enables them to fete their feelings, failings, and strengths.
5. Social chops connections are strengthened by these social chops and empathy.
6. Advanced problem- working and decision- making People with advanced EI are suitable to make better opinions.
7. Enhanced provocation and engagement By aiding people in comprehending their values, objects, and passions, emotional intelligence(EI) fosters provocation and engagement. workers are more likely to feel satisfied with their jobs when they're engaged and driven.
8. Lower conflict and bettered communication workers are more likely to be satisfied with their jobs when they're suitable to resolve issues and communicate easily.
9. Bettered productivity and job performance Emotional intelligence (EI) helps people do their jobs more successfully and efficiently.
10. More general well- being By helping people more control their feelings,connections, and stress, emotional intelligence(EI) enhances general well- being.

Discussion

Emotional intelligence has a significant impact on job satisfaction. By developing EI, individualities can ameliorate their connections, stress operation, rigidity, tone- mindfulness, empathy, decision- timber, provocation, and overall well- being, eventually leading to increased job satisfaction. Enhanced provocation and involvement Emotional intelligence encourages provocation and involvement by The study's findings suggest that one of the most important pointers of job happiness is emotional intelligence. Advanced situations of job satisfaction are generally displayed by workers who retain high emotional intelligence. This is because emotional intelligence enables workers to fete and comprehend their own feelings, regulate and control them, use feelings to motivate others and negotiate pretensions, and successfully interact with others.

Conclusion

The emotional intelligence and job satisfaction relationship was vindicated in this study. The results indicate that companies can increase job satisfaction among workers by supporting the development of emotional intelligence. The results indicate that companies can increase job satisfaction among workers by supporting the development of emotional intelligence. This can be done through training and development sessions that emphasize emotional intelligence.

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